# Devotions for each day of the week

# Sunday

## Dedicated to the Most Blessed Trinity and to the Eternal Father

(making the triple sign of the cross and blessing oneself)

A. By the sign of the Holy Cross, from our enemies deliver us, 0 Lord our God.

A. In the name of the Father + and of the Son, and of the Holy Ghost. Amen.

#### Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and-because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

### **Litany of the Most Blessed Trinity**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: have mercy on us)

Most Blessed Trinity, God One in Essence and Three in Persons,

Most Blessed Trinity, God the Father, God the Son and God the Holy Ghost,

Most Blessed Trinity, God the Father, Fount without source; God the Son, begotten of the Father; God the Holy Ghost, proceeding from the Father and the Son, Most Blessed Trinity, God in Persons Three and in Essence One.

Most Blessed Trinity, God in Three Persons really distinct,

Most Blessed Trinity, God in Three Persons coequal, consubstantial and coeternal,

Most Blessed Trinity, God in Three Persons coequal in power, in authority and in all perfections,

Most Blessed Trinity, God in Persons Three and in understanding and in will One, have mercy on us.

Most Blessed Trinity, God in Persons Three, all-perfect in life and relations,

Most Blessed Trinity, God in Persons Three, present in one Another by virtue of the oneness of the Divine Essence,

Most Blessed Trinity, God Most Pure Spirit,

Most Blessed Trinity, God Most High, subsisting by Thyself,

Most Blessed Trinity, God, the One Necessary Being,

Most Blessed Trinity, God Whose Essence is the infinite fullness of Being,

Most Blessed Trinity, God Eternal, Unchanging and Indivisible,

Most Blessed Trinity, God without past, without future, in one eternal present,

Most Blessed Trinity, God Infinite in all perfections,

Most Blessed Trinity, God Most Simple and Kind, Most Blessed Trinity, God Most Holy and Lovely,

Most Blessed Trinity, God Almighty and Immense,

Most Blessed Trinity, God Most Perfect Happiness in Thyself,

Most Blessed Trinity, God Most Just,

Most Blessed Trinity, God all Merciful,

Most Blessed Trinity, God Infallible and True,

Most Blessed Trinity, God Most Wise and Loving,

Most Blessed Trinity, God, Life in Essence,

Most Blessed Trinity, God Most Provident,

Most Blessed Trinity, Most August Council,

Most Blessed Trinity, eternally predestining Christ's Humanity to be assumed by the Divine Word,

Most Blessed Trinity, eternally predestining the Divine Mary to be Daughter of the Father, Mother of the Son and Spouse of the Holy Ghost,

Most Blessed Trinity, Who didst decree the Creation in order to display Thy glory and impart Thy love and happiness,

Most Blessed Trinity, Who on the Day of Creation didst create the Souls of Christ and Mary and all else invisible and visible in a single instant,

Most Blessed Trinity, Who didst create the Soul of Christ united to the Divine Word,

Most Blessed Trinity, Who didst anoint the Soul of Christ essentially priestly,

Most Blessed Trinity, Who didst constitute the Soul of Christ as Father and Head of Creation,

Most Blessed Trinity, Who didst create the Soul of Mary associated to the Divine Council,

Most Blessed Trinity, Who didst create the Soul of Mary priestly in most high degree,

Most Blessed Trinity, Who didst constitute the Soul of Mary as Mother and Heart of Creation,

Most Blessed Trinity, Who didst choose Mary to be Thy Temple and Tabernacle,

Most Blessed Trinity, Who didst create Angels and men in Thy image and likeness,

Most Blessed Trinity, Who didst decree the Work of Reparation and Redemption,

Most Blessed Trinity, Whom the Universe cannot contain, have mercy on us.

Most Blessed Trinity, from Whom all things proceed,

Most Blessed Trinity, through Whom all things exist,

Most Blessed Trinity, for Whom all things are, Most Blessed Trinity, Who dost penetrate and en-compass all things with Thy essence, Thy presence and Thy power,

Most Blessed Trinity, in Whom we live, move and have our being,

Most Blessed Trinity, mystery reflected in the Holy Family: Jesus, Mary and Joseph, sweet Trinity on earth.

Most Blessed Trinity, mystery reflected in each Christian family,

Most Blessed Trinity, mystery reflected in each heart in the state of grace,

Most Blessed Trinity, mystery reflected in the three powers of every human soul,

Most Blessed Trinity, mystery reflected in the three elements of every human person,

Most Blessed Trinity, mystery reflected in every created thing,

Most Blessed Trinity, prefigured in the Old Testament,

Most Blessed Trinity, Who didst appear to Noe in the form of three men,

Most Blessed Trinity, Who didst ordain the punishment of the Universal Flood,

Most Blessed Trinity, Who didst ordain the punishment of the Tower of Babel, have mercy on us.

Most Blessed Trinity, Who didst appear to Abraham to announce to him the birth of the son of Promise,

Most Blessed Trinity, Who didst appear to the Prophet Isaias in the Temple of Jerusalem,

Most Blessed Trinity, Who didst choose St. Joseph to be Vicar of the Father, Guardian of the Son and Confidant of the Holy Ghost,

Most Blessed Trinity, Who didst manifest Thyself at the Jordan when Christ was baptized by St. John the Precursor.

Most Blessed Trinity, mystery fully revealed by Jesus Christ,

Most Blessed Trinity, Who didst manifest Thyself on Mount Thabor,

Most Blessed Trinity, Who didst manifest Thyself in the Cenacle, when Christ instituted the Holy Sacrifice of the Mass.

Most Blessed Trinity, Who didst crown the Virgin Mary as Queen and Mistress of Heaven and earth,

Most Blessed Trinity, imparting to us Thy divine nature in the Sacrament of Baptism,

Most Blessed Trinity, begetting supernatural life in the soul,

Most Blessed Trinity, in Whom we believe, in Whom we hope, and Whom we love,

Most Blessed Trinity, sublimely espoused with the soul in the state of grace,

Most Blessed Trinity, Who art the fountainhead, river, and watering of our souls, have mercy on us.

Most Blessed Trinity, dwelling and operating in the soul in the state of grace,

Most Blessed Trinity, making us partakers of Thy selfsame love and Thy selfsame divine life,

Most Blessed Trinity, vouchsafing us to live in wonderful familiarity with Thee,

Most Blessed Trinity, desiring to find Thy delights in Thy children and make them partake of Thy glory,

Most Blessed Trinity, Who dost raise the soul to the hypostatic order,

Most Blessed Trinity, making us gods by grace,

Most Blessed Trinity, to Whom is due all honour and glory,

Most Blessed Trinity, receiving in Holy Mass adoration, reparation, thanksgiving and impetration,

Most Blessed Trinity, really and truly present in the Eucharist,

Most Blessed Trinity, mystery taught and defended by the Magisterium of the Church,

Most Blessed Trinity, mystery infinitely surpassing human reason,

Most Blessed Trinity, mystery revealed by way of faith to the humble of heart,

Most Blessed Trinity, Whom all .the Angels and Saints serve, adore, praise and hymn unceasingly,

Most Blessed Trinity, Who at the Nuptials of the Lamb wilt enthrone us in Thine own Divine Essence,

Most Blessed Trinity, Who wilt make the Blessed partakers of Thy omniscience and omnipotence,

Most Blessed Trinity, Whom we hope to contemplate unveiled for all eternity, have mercy on us.

Most Blessed Trinity, beginning and end of all things,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva la Santísima Trinidad! Viva! (3)

### **Litany of the Eternal Father**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus.

Sancta Trinitas, unus Deus,

(Response: have mercy on us)

Eternal Father, First Person of the Most Blessed Trinity,

Eternal Father, Unbegotten,

Eternal Father, Fount without source,

Eternal Father, Fount of the Divinity,

Eternal Father, eternally begetting the Son,

Eternal Father, Who with the Son dost eternally breathe out the Holy Ghost,

Eternal Father, Almighty,

Eternal Father, of Infinite Majesty,

Eternal Father, Who art the very Light, the very Life, Who art all Holiness,

Eternal Father, in Whom resides the source of all authority,

Eternal Father, Creator of Heaven and earth, of all things invisible and visible,

Eternal Father, Who didst deliver all power to Christ, making Him King of the Universe, have mercy on us.

Eternal Father, Who didst make Thy Daughter Mary Queen of the Universe,

Eternal Father, Who didst reward the loyal Angels by increasing their glory and happiness,

Eternal Father, Who didst punish the rebel angels with Hell,

Eternal Father, to Whom reparation was made for the sins of the rebel angels by the Soul of Christ producing for them the fire of Hell,

Eternal Father, Who didst instruct our first parents Adam and Eve after their fall,

Eternal Father, continually creating innumerable things in the Universe,

Eternal Father, by Thy Providence tenderly caring for all Thy creatures,

Eternal Father, governing the Universe with ardent zeal,

Eternal Father, manifesting Thyself in the Old Testament,

Eternal Father, Who after the Flood didst make a new covenant with Noe on the earth made new,

Eternal Father, Who didst receive the Sacrifice of the Eternal High Priest Melchisedech with infinite delight,

Eternal Father, prefigured by Abraham at the Sacrifice of his beloved son Isaac,

Eternal Father, Who didst send Thy Son into the world,

Eternal Father, from all eternity choosing the Virgin Mary to be Mother of Thy Divine Son, have mercy on us.

Eternal Father, Who didst choose Joseph Most Holy to be Thy Vicar in the bosom of the Holy Family, Eternal Father, Who in Thy Son hast given us all things,

Eternal Father, Who didst bear witness to Thy Son at His Baptism saying: "This is My beloved Son, in Whom I am well pleased",

Eternal Father, Who at the Baptism of the Divine Mary didst say: "This is My beloved Daughter in Whom I take delight".

Eternal Father, placing Christ as Cornerstone of the Church,

Eternal Father, fully revealed by Jesus Christ, Eternal Father, Who on Mount Thabor didst exhort that Thy beloved Son be heard,

Eternal Father, Who hast hidden the mysteries of salvation from the wise and prudent and hast revealed them to the humble and simple,

Eternal Father, Who delivered Thy Son up to Death on the Cross to redeem us from slavery to sin, Eternal Father, Who unleashed Thy Holy Wrath upon Thine own Son for love of us,

Eternal Father, to Whom infinite reparation has been made by Christ and Mary,

Eternal Father, Who didst receive the offering Christ made Thee of Himself when He died on the Cross,

Eternal Father, Who didst receive the offering Mary made Thee of Her dead Son reposing in Her lap,

Eternal Father, Who in the form of a luminous Cloud didst receive Thy Son Jesus Christ on the day of His Ascension,

Eternal Father, to Whom reparation continues to be made by the whole Church at Holy Mass,

Eternal Father, present with Thy Divine Son and the Holy Ghost in the Eucharist,

Eternal Father, dwelling with Thy Son and the Holy Ghost in the souls of the just,

Eternal Father, filling our hearts with filial confidence,

Eternal Father, filled with joy at hearing the Our Father,

Eternal Father, denying nothing we ask of Thee in the name of Our Lord Jesus Christ,

Eternal Father, Whose just wrath at our sins is appeased by Thy contemplating the Face of Thy Son,

Eternal Father, desiring to fashion us in the Image of Thy Divine Son,

Eternal Father, delighting in innocent souls and repentant sinners,

Eternal Father, revealing Thyself to many mystics,

Eternal Father, desiring us to be called Thy sons and that we be sons in truth,

Eternal Father, infinitely just,

Eternal Father, infinitely merciful,

Eternal Father, infinitely patient and gentle,

Eternal Father, judging each according to his works,

Eternal Father, desiring none to be condemned,

Eternal Father, rewarding those who love Thee with the Kingdom of Heaven, have mercy on us.

Eternal Father, punishing with Hell those who spurn salvation,

Eternal Father, Who wilt send Thy Son in majesty and glory at His Second Coming to establish the Messianic Kingdom,

Eternal Father, Who wilt receive the Kingdom from Christ at the Nuptials of the Lamb,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccdta mundi, miserére nobis.

Act of Consecration to the Eternal Father

O most loving Eternal Father, fount of all goodness! As poor creatures come from Thy hands and children of Thine by virtue of divine grace, though unworthy, we consecrate ourselves to Thee today with all our being, in order to serve Thee with greater love and faithfulness. Heavenly Father, we love Thee with all our heart, soul, strength and mind, and we wish to love Thee eternally. We love, most generous Father, all that Thou lovest, and we abhor all that Thou dost abhor. 0 Father of infinite goodness! In this Consecration, look not upon our sins but upon the infinite merits of Thy most beloved Son Jesus Christ and of Thy most beloved Daughter Mary, offered by the priest at every Sacrifice of the Mass. We give Thee thanks, 0 Father, for the dignity of being Thy children, and we offer Thee all our prayers, our sacrifices and our works, to make reparation to Thee for the sins of mankind, and most especially for our own. We wish in this Consecration to give Thee complete satisfaction for so much ingratitude, and to that end we offer Thee, together with our good resolutions, the Holy Face of Thy most divine Son Jesus, propitiatory Victim. We pledge Thee greater fidelity to the Holy Palmarian Church, our Mother. O most bountiful Heavenly Father! Stretch out Thy most loving arms towards us, look upon us with compassion and clasp us to Thy fatherly Heart, in order that we may never more be separated from Thee and may enjoy eternally the delights of Thy most loving paternity, immersed in the contemplation of Thy most divine Essence. Amen.

Viva el Eterno Padre! Viva! (3)

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

## Monday

## Dedicated to the Most Divine Soul of Christ and to the Holy Ghost

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

#### **Litany of the Most Divine Soul of Christ**

Kyrie, eleison. Kyrie, eleison. Christe, eleison. Christe, eleison. Kyrie, eleison. Kyrie, eleison. Christe, audi nos. Christe, audi nos. Christe, exaudi nos. Christe, exaudi nos. Pater de caelis, Deus, miserére nobis. Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: sanctify us)

Most Divine Soul of Christ, conceived from all eternity in the mind of God as Object of the supreme pleasure of the Father,

Most Divine Soul of Christ, created united to the Word of God before all things else,

Most Divine Soul of Christ, Firstborn of all creatures,

Most Divine Soul of Christ, most perfect Image of God,

Most Divine Soul of Christ, anointed with the Eternal High Priesthood and Universal Mediation,

Most Divine Soul of Christ, inundated with the fullness of grace and the infinite Holiness of the Word of God.

Most Divine Soul of Christ, Temple of the Divinity,

Most Divine Soul of Christ, created Wisdom and Tabernacle of Wisdom uncreated,

Most Divine Soul of Christ, Who at the moment of Thy Creation didst immolate Thyself as spiritual Victim for Calvary, sanctify us.

Most Divine Soul of Christ, primary instrumental Cause, Model, Subsistence and End of the whole of Creation,

Most Divine Soul of Christ, spiritually espoused to the Divine Soul of Mary,

Most Divine Soul of Christ, enthroned most singularly in the Divine Soul of Mary,

Most Divine Soul of Christ, Who with Thy inextinguishable Light didst fortify the good Angels and confound the rebels,

Most Divine Soul of Christ, Who by virtue of Thy pre-existence didst act in mysterious fashion throughout the Old Testament,

Most Divine Soul of Christ, espoused in most sublime manner with the Most Pure Body of the Divine Mary,

Most Divine Soul of Christ, instrumental Cause in the formation of Thy Deific Body,

Most Divine Soul of Christ, Who at the moment of the Incarnation of the Divine Word didst inundate with the fullness of grace and with infinite Holiness, Thy Deific Body assumed,

Most Divine Soul of Christ, Who, whilst retaining Thy state of glory didst assume a state of passibility, Most Divine Soul of Christ, Who, before and after the Incarnation of the Word of God, didst leave to the

world unmistakeable signs that Thou art united hypostatically to that Second Person of the Divinity,

Most Divine Soul of Christ, of most privileged Memory, most lucid Intelligence, and most perfect Will, in accordance with the Divine Plan,

Most Divine Soul of Christ, supreme Model of charity for poor, fallen mankind,

Most Divine Soul of Christ, Object of the misunderstanding and derision of sinners,

Most Divine Soul of Christ, agonizingly saddened and desolate in Gethsemani,

Most Divine Soul of Christ, Who in Thy most bloody Passion didst feel the plenitude of joy and the plenitude of grief at the same time,

Most Divine Soul of Christ, separated from Thy Deific Body on Calvary,

Most Divine Soul of Christ, with fullness of glory and joy on being freed from the state of passibility,

Most Divine Soul of Christ, Light of the Blessed of Heaven and fire of the reprobate,

Most Divine Soul of Christ, united to Thy Deific Body once more at Thy glorious Resurrection,

Most Divine Soul of Christ, really and truly present in the Sacrament of the Eucharist,

Most Divine Soul of Christ, enthroned in the mystical heart of the Priest as Light in the form of a Cross,

Most Divine Soul of Christ, espoused with all who live in the state of grace,

Most Divine Soul of Christ, Reflection of the Light of the Paraclete,

Most Divine Soul of Christ, Mirror of the Paternity of God,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva la Divinísima Alma de Cristo! Viva! (3)

### Litany of the Holy Ghost

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis. Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: vivify us)

Holy Ghost, Third Person of the Most Blessed Trinity,

Holy Ghost, proceeding eternally from the Father and the Son

Holy Ghost, infinite Love of the Father and the Son,

Holy Ghost, equal in majesty and glory to the Father and to the Son,

Holy Ghost, most blessed Light,

Holy Ghost, Breath of God,

Holy Ghost, Spirit of Truth,

Holy Ghost, infinite Ocean of Light,

Holy Ghost, Splendour of the glory of God,

Holy Ghost, divine Finger in Creation and Sanctification,

Holy Ghost, inseparably uniting Thyself to the Most Divine Soul of Christ,

Holy Ghost, inseparably espousing the Divine Soul of Mary,

Holy Ghost, ineffable Throne of the Souls of Christ and Mary,

Holy Ghost, uncreated Soul of the Church,

Holy Ghost, Who on the day of Creation didst cover the waters with Thy shadow, giving life to all things,

Holy Ghost, Creator and Renewer of the face of the earth,

Holy Ghost, Who dost fill the Universe,

Holy Ghost, Author of all good,

Holy Ghost, most vehement Fire of charity,

Holy Ghost, living Wellspring of love and virtue,

Holy Ghost the Paraclete, our Teacher and Advocate,

Holy Ghost, Sanctifying Grace,

Holy Ghost, the Great Supernatural Gift,

Holy Ghost, Sanctifier, Vivifier and Divinizer of souls,

Holy Ghost, our Defender and Consoler,

Holy Ghost, Spouse of the living souls of the faithful of the Church,

Holy Ghost, sweet Guest of the soul,

Holy Ghost, Kingdom of God in souls in the state of grace,

Holy Ghost, Seal of divine unction in souls,

Holy Ghost, dwelling in the souls of the just,

Holy Ghost, inspiring us with a horror of sin,

Holy Ghost, engraving Thy law on our hearts,

Holy Ghost, teaching us to do God's will,

Holy Ghost, inspiring us how to do good,

Holy Ghost, guiding us along the way to salvation,

Holy Ghost, teaching us to pray,

Holy Ghost, praying within us with unspeakable groaning,

Holy Ghost, enlightening us with Thy heavenly inspirations,

Holy Ghost, inflaming us with the fire of Thy divine love,

Holy Ghost, opening up for us the treasures of Thy grace,

Holy Ghost, helping us to persevere to the end,

Holy Ghost, operating in souls through Thy seven Gifts,

Holy Ghost, Gift of Wisdom and of Understanding,

Holy Ghost, Gift of Counsel and of Fortitude,

Holy Ghost, Gift of Knowledge and of Piety,

Holy Ghost, Gift of the Fear of God,

Holy Ghost, infusing into souls Thy supernatural Fruits,

Holy Ghost, giving peace and spiritual joy,

Holy Ghost, giving charity and kindness,

Holy Ghost, giving patience and forbearance,

Holy Ghost, giving faithfulness and goodness,

Holy Ghost, giving modesty and meekness,

Holy Ghost, giving continence and chastity,

Holy Ghost, Who art the Most Holy Prophet Malachias,

Holy Ghost, Virtue of the Most High, Who didst effect the Incarnation of the Word of God in the most pure womb of the Virgin Mary,

Holy Ghost, Who didst choose Joseph Most Holy to be Thy confidant in the bosom of the Holy Family,

Holy Ghost, luminous Star that guided the three Holy Kings to Bethlehem,

Holy Ghost, Who, in the sight of all, rested upon the Head of Jesus when He was baptized in the Jordan by the Precursor,

Holy Ghost, poured out in the Blood of the Victim immolated on the Cross,

Holy Ghost, Who didst descend in tongues of fire upon the Apostles,

Holy Ghost, governing the Church through the Papacy,

Holy Ghost, assisting the Vicar of Christ with Infallibility,

Holy Ghost, continuing to speak by the Magisterium of the Church,

Holy Ghost, most copiously poured out upon the Church at every Mass,

Holy Ghost, superabundantly poured out in the seven Sacraments,

Holy Ghost, Who wilt descend on the Palmarian Apostles at the Second Pentecost,

Holy Ghost, ardent charity of the Blessed,

Holy Ghost, joy and hope of the Holy Souls of Purgatory,

Holy Ghost, reflected in the Expectant Souls of Limbo,

Holy Ghost, Whose era will be the Messianic Kingdom,

Holy Ghost, Who at the Nuptials of the Lamb wilt become the most blessed dwelling of all the saved,

Holy Ghost, recompense of the Blessed for all eternity,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

#### Act of Consecration to the Holy Ghost

Oh, Holy Ghost, Fount of Wisdom and Love! To Thee we consecrate forever our soul, our heart and all our being. Make us at all times follow Thy divine and most gentle inspirations, in order that we may observe more faithfully the teaching of the Holy Palmarian Church our Mother, whose Uncreated Soul Thou art. Transform our heart into an inextinguishable furnace of divine love, and subject our will to Thine, so that our life may become a faithful reflection of Jesus Christ's. Receive, 0 Divine Paraclete, the perfect and absolute consecration we make to Thee of all that is ours, in order that henceforth, at every moment and in all our actions, Thou mayest deign to be the Director, Light, Guide, Strength, and Love of our hearts. 0 most vehement Fire of charity! We abandon ourselves unreservedly to Thy divine operations in order that, always docile to them, we may be vivified by Thy sublime gifts and satiated with Thy supernatural fruits. O Most Divine Paraclete! We give Thee thanks for Thy infallible assistance to the Vicar of Christ, Pope Gregory XVII, and for the magisterial teaching which daily enriches further the sublime doctrinal treasure of the Church. 0 Most Loving Gift of souls! We place our consecration to Thee

before the most divine Face of Jesus and in the hands of the Divine Mary, Thy most pure Spouse, in order that it may thus be worthy of Thy acceptance and that we may merit the future promise to live enthroned in Thee, as Thou art now enthroned in souls in the state of grace. Amen.

Viva el Espíritu Santo! Viva! (3)

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

## **Tuesday**

#### Dedicated to the Most Sacred Head of Jesus and to the Angels

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

### Litany of the Most Sacred Head of Jesus

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: enlighten us)

Most Sacred Head of Jesus, formed by the Holy Ghost in the womb of the Blessed Virgin Mary,

Most Sacred Head of Jesus, substantially united to the Word of God,

Most Sacred Head of Jesus, Temple of Divine Wisdom,

Most Sacred Head of Jesus, Mansion of eternal Light,

Most Sacred Head of Jesus, Sanctuary of infinite Intelligence,

Most Sacred Head of Jesus, Providence against error,

Most Sacred Head of Jesus, Sun of Heaven and earth,

Most Sacred Head of Jesus, Treasure of knowledge and Pledge of the Faith,

Most Sacred Head of Jesus, radiant with beauty, justice and love,

Most Sacred Head of Jesus, full of grace and truth,

Most Sacred Head of Jesus, living lesson of humility,

Most Sacred Head of Jesus, reflection of God's infinite Majesty,

Most Sacred Head of Jesus, Centre of the universe,

Most Sacred Head of Jesus, Object of the complacency of the Heavenly Father,

Most Sacred Head of Jesus, Who didst receive the caresses of the Virgin Mother,

Most Sacred Head of Jesus, on Whom the Holy Ghost reposed,

Most Sacred Head of Jesus, Who didst allow part of Thy Glory to shine on Mount Thabor,

Most Sacred Head of Jesus, Who hadst no place on earth to lay,

Most Sacred Head of Jesus, Who didst accept the anointing by Magdalene,

Most Sacred Head of Jesus, Who didst reproach Simon the Leper for not having anointed Thy Head when

Thou didst enter his house.

Most Sacred Head of Jesus, bathed in a sweat of Blood in Gethsemani,

Most Sacred Head of Jesus, Who didst weep over our sins,

Most Sacred Head of Jesus, crowned with thorns,

Most Sacred Head of Jesus, disgracefully outraged during the Passion,

Most Sacred Head of Jesus, consoled by the loving gesture of Veronica,

Most Sacred Head of Jesus, that Thou didst incline towards the earth at the moment Thou didst save it by the separation of Thy Soul from Thy Body on the Cross,

Most Sacred Head of Jesus, Light of every man coming into this world,

Most Sacred Head of Jesus, our Guide and our Hope,

Most Sacred Head of Jesus, Who knowest all our desires,

Most Sacred Head of Jesus, Who dost dispense all graces,

Most Sacred Head of Jesus, Who dost direct the movements of the Divine Heart,

Most Sacred Head of Jesus, Who dost govern the world,

Most Sacred Head of Jesus, Who wilt judge all our actions,

Most Sacred Head of Jesus, Who knowest the secrets of our hearts,

Most Sacred Head of Jesus, that we wish to make known and adored by the whole world,

Most Sacred Head of Jesus, Who dost enrapture the Angels and the Saints,

Most Sacred Head of Jesus, that we hope one day to contemplate unveiled,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva la Sacratísima Cabeza de Jesus! Viva! (3)

#### Litany of the Angels

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: pray for us)

Holy Mary, Queen of the Angels,

St. Michael, Prince of the Heavenly Choirs,

St. Gabriel,

St. Raphael,

St. Uriel,

St. Cediel,

St. Cedechiel.

St. Jeremiel,

Choir of Seraphim,

Choir of Cherubim,

Choir of Thrones.

Choir of Dominations.

Choir of Virtues,

Choir of Powers,

Choir of Principalities,

Choir of Archangels,

Choir of Angels,

Nine Choirs in three Hierarchies,

Spirits who are intelligence, word and work,

Spirits possessing sublime intelligence,

Spirits assisting before the Throne of God,

Spirits contemplating God face to face,

Spirits forming the Court of the Most High,

Most faithful when tried by the Creator,

Victors over diabolical treachery,

Torches of divine love,

Flames of divine light,

Rays of divine glory,

Reflections of divine beauty,

Fragrances of divine sanctity,

Mirrors of divine perfections,

Chanters of divine praises,

Evangelists of divine law,

Bearers of divine words,

Agents of divine commands,

Instruments of divine Providence,

Warriors of the Lord's Hosts,

Revealers of divine secrets.

Conquerors over the infernal spirits,

Prophets of the Incarnation,

Heralds of the Name of Jesus,

Saviours of the Infant Jesus,

Companions of Jesus at Nazareth,

Attendants of Jesus in the desert,

Consolers of Jesus in Gethsemani,

Custodians of Jesus' Body in the sepulchre,

Admirers of Jesus risen,

Spirits forming Jesus' retinue at His Ascension,

Spirits forming Jesus' crown in glory,

Adorers of Jesus in the Eucharist,

Messengers from God to men,

Messengers from men to God,

Sweet doves of peace,

Sublime eagles of Heaven,

Friends and guardians of our souls,

Helpers of sinful men,

Shepherds of the divine flock,

Reprovers of wayward sheep,

Guides of the sons of God.

Partners of apostles,

Angels of godly families,

Angels of our Order,

Constrainers of winds and tempests,

Ornaments of the Universe,

Flowers of the spiritual world,

Assistants to men,

Spirits who will summon to judgement on the last day,

Spirits who with Christ will judge the nations,

Spirits who will separate the good from the wicked,

Spirit Companions of the elect in Heaven,

Spirits who reign with God for all eternity,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

### Act of Consecration to St. Michael the Archangel

O most glorious St. Michael the Archangel! Prince of the heavenly militia, victor over the empire of evil, terror of demons, God's champion, protector of Holy Mother Church and executor of the judgements of God: We consecrate ourselves to thee, fully trusting in thy goodness and power. 0 most zealous bulwark of our Palmarian Catholic Faith! Make us partakers of thy humility and fidelity to the Most High, and infuse into us thy apostolic zeal for the greater glory of God and exaltation of the Christian virtues, so that, inflicting greater defeat upon Satan and all his legions, they retreat in their infernal assaults on the sons of the Church. Do not permit us, 0 invincible chieftain!, cowardly to succumb to the wiles of the prince of darkness, and through sin live subject to his tyrannical slavery. Be thou our heavenly guide, and infuse into our hearts the Carmelite warrior spirit, in order that we combat without cease, heresy and every kind of evil, as militants that we are of the valiant Order of Carmelites of the Holy Face in Company with Jesus and Mary, also called Cross-bearers. 0 Captain-in-chief of the heavenly militia, in the same way as thou didst overcome the rebellious angels with the cry of "Who is like unto God!", continue thy ceaseless struggle against evil so that we, defended by thy sword and by the shield of the Holy Face, may one day in thy company sing the praises of God. Amen. Viva San Miguel Archangel! Viva! (3)

## Wednesday

## Dedicated to the Most Precious Blood of Jesus and to Crowned Saint Teresa of Jesus.

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

#### **Litany of the Most Precious Blood of Jesus**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: divinize us)

Blood of Christ, Onlybegotten of the Eternal Father,

Blood of Christ, Word of God Incarnate,

Blood of Christ, of the New and Eternal Testament,

Blood of Christ, trickling to the ground in the Agony in the Garden of Olives,

Blood of Christ, streaming forth at the Scourging,

Blood of Christ, flowing forth at the Crowning with Thorns,

Blood of Christ, running down along the Way of Bitter Sorrow,

Blood of Christ, gushing out at the Crucifixion,

Blood of Christ, poured out upon the Cross during the three hours of agony,

Blood of Christ, that didst make reparation to the Father,

Blood of Christ, that didst issue from the Divine Right Side at the lance-thrust,

Blood of Christ, price of our Redemption,

Blood of Christ, without which there is no remission,

Blood of Christ, poured out in unbloody manner at the Holy Sacrifice of the Mass,

Blood of Christ, received at Baptism in the Drop of Mary's Blood,

Blood of Christ, strengthening the soul at Confirmation,

Blood of Christ, cleansing the soul at Confession,

Blood of Christ, nourishing the soul at Communion,

Blood of Christ, flooding the soul at Extreme Unction,

Blood of Christ, inflaming the soul at priestly Ordination,

Blood of Christ, anointing the newly wed at Matrimony,

Blood of Christ, oceanizing the soul at Papal Consecration,

Blood of Christ, sprinkling the Universe in the blessings and indulgences of the Church,

Blood of Christ, flowing through the veins of the Mystical Body,

Blood of Christ, salvific flood,

Blood of Christ, river of mercy,

Blood of Christ, vanquisher of demons,

Blood of Christ, strength of martyrs,

Blood of Christ, perseverance of the faithful,

Blood of Christ, engendering virgins,

Blood of Christ, stay of those in danger,

Blood of Christ, relief of the suffering,

Blood of Christ, consolation of mourners,

Blood of Christ, hope of the penitent,

Blood of Christ, refuge of the dying,

Blood of Christ, peace and sweetness of hearts,

Blood of Christ, pledge of eternal life,

Blood of Christ, liberator of souls from Purgatory,

Blood of Christ, worthy of all honour and glory,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva la Preciosísima Sangre de Jesús! Viva! (3)

#### **Litany of Crowned Saint Teresa of Jesus**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison, Christe, eleison,

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: pray for us)

Holy Mary,

Saint Joseph,

Saint Teresa of Jesus,

Most sweet spouse of Jesus Christ,

Beloved daughter of the Queen and Mother of Carmel,

Distinguished propagator of the glories of Saint Joseph,

Valiant virgin filled with the spirit of Elias,

Illustrious Reformer of the Carmelite Order,

Tireless foundress and apostle,

Model of all virtues,

Pattern of obedience and submission to the Church,

Victim soul of inestimable expiatory value,

Living flame ablaze with love,

Mystical treasure of incalculable worth,

Human cherub of heavenly flight,

Mystically espoused to Jesus Christ,

Transpierced by the dart of divine Love,

Prolific writer of mystical doctrine,

Great and exalted Doctor of the Church,

Banner of the Counter Reformation and hammer of heretics,

Mother and Protectress of the Carmelites of the Holy Face,

Most devoted to the Passion of Christ,

Deliriously enamoured of the Eucharist,

Model of abandonment to Divine Providence,

Filled with the spirit of faith,

Most patient in affliction,

Whose humility was keeping to the truth,

Who yearned to please God in all things,

Vivified by the seven gifts of the Holy Ghost,

Enriched by the superabundant fruits of the Holy Ghost,

Virgin most docile to the impulses of the Holy Ghost,

Who didst hold God captive of thy heart,

Confidante of Jesus' sentiments,

Most compliant with the instructions of Our Lord Jesus Christ,

In whose soul Our Lord worked wonders,

Most devoted to the Holy Family,

Great Mystic of the Most Blessed Trinity,

Seraph ablaze with divine love,

Victim whose prayers and sacrifices saved countless souls,

Teacher in the life of prayer,

Enjoining us that patience obtains all things,

Teaching us that God alone suffices,

Restorer of the honour of Jesus Christ,

Inspirer of religious vocations,

Aflame with zeal for the salvation of souls,

Model superioress,

Resolute in command and beloved of thy daughters,

Mistress of humility of heart,

Apostle of holy obedience,

Teaching obedience as the shortest road to perfection,

Combining the contemplative life with the active,

Apostle of the fulfilment of the Holy Rule,

Captain of the Holy Crusade of Carmel,

Who gave the Lord the whole glory of the Carmelite Reform,

Spiritual directress of countless souls,

Who possessed the gift of discernment of spirits,

Whose Reform revived the whole Church.

Whose heart is homeland of God,

Leading us to Joseph Most Holy,

Most powerful intercessor before the Queen of Heaven,

Inflaming with divine love those who invoke thee,

Sublime guide to the contemplative life,

Teaching us to despise the honours of the world and desire only the glory of God,

Who in prophetic vision didst contemplate our Carmelite Order of the last times,

Remaining in spirit in thy Carmelite sons and daughters of the Holy Face,

Who by thy prayers didst gain innumerable merits for our Order,

Sentinel and guardian of the Order of Carmelites of the Holy Face,

Head of the Order of Carmelites of the Holy Face,

Most faithful daughter of the Church and illustrious daughter and glory of Spain,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

#### **Act of Consecration to Crowned Saint Teresa of Jesus**

Glorious Crowned Saint Teresa of Jesus, illustrious Reformer of the Order of Carmel: As the children we are of this most privileged Order in its final and most exalted branch of Carmelites of the Holy Face, we consecrate ourselves to thy virginal and transpierced heart, in order that thou inflame us with the most ardent love of God there enshrined, in such a way that our life be a faithful image of thine own of service to our Mother the Church. And so that we may become worthy of the help of thy powerful intercession, we promise thee to keep, with painstaking zeal, each according to his state of life, all the norms which constitute the spirit of our Order.

Through this Consecration, we pray to thee for our Holy Mother the Church, for the Holy Souls of Purgatory, for the conversion of sinners, for our own intentions, and most particularly for the rapid propagation everywhere of the Order of the Last Times, to which we belong by the grace of God.

O most eminent and great Doctor of the Church! Obtain for us a singular devotion to, and confidence in Most Holy Joseph, Father and Protector of Carmelites, so that we may consecrate ourselves with greater filial affection to His Heavenly Spouse, the Divine Mary, Queen and Mother of Carmel; that She, in turn, lovingly lead us to Her Divine Son, Our Lord Jesus Christ. And thereby, intimately united to this August Trinity of the earth, we may here below attain an espousal with God of most high degree, in order to occupy later corresponding thrones of glory in the eternal happiness of Heaven. Amen.

Viva Santa Teresa de Jesus Coronada! Viva!

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

# **Thursday**

Dedicated to the Holy Face, to reparation for blasphemies, to Our Lady of Perpetual Succour and to Saint Pio of Pietrelcina

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

## **Litany of the Holy Face**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: save us)

O Jesus, Whose adorable Face was contemplated with profound respect by Mary and Joseph when they beheld Thee for the first time,

O Jesus, Whose adorable Face rejoiced the Angels,

the Shepherds and the Magi in the stable at Bethlehem,

O Jesus, Whose adorable Face wounded with a dart of love the aged Saint Simeon and the prophetess Anna in the Temple,

O Jesus, Whose adorable Face was bathed in tears during Thy holy Infancy,

O Jesus, Whose adorable Face filled the doctors of the Law with admiration when Thou didst go to the Temple at the age of twelve,

O Jesus, Whose adorable Face shone with the whiteness of purity and the ardent glow of charity,

O Jesus, Whose adorable Face was more beautiful than the sun, more graceful than the moon, more brilliant than the stars,

O Jesus, Whose adorable Face has rapturous attractiveness and enchanting grace,

O Jesus, Whose adorable Face was distinguished by the nobleness that characterised all Its features,

O Jesus, Whose adorable Face the Angels contemplate,

O Jesus, Whose adorable Face is the delight of the Saints,

O Jesus, Whose adorable Face, masterpiece of the Holy Ghost, the Eternal Father regards with complacency,

O Jesus, Whose adorable Face is the delight of Mary and Joseph,

O Jesus, Whose adorable Face is ineffable mirror of the divine perfections,

O Jesus, Whose adorable Face possesses a beauty ever old, ever new,

O Jesus, Whose adorable Face appeases the Anger of God,

O Jesus. Whose adorable Face causes the demons to tremble.

O Jesus, Whose adorable Face is inexhaustible treasury of graces and blessings,

O Jesus, Whose adorable Face was exposed to the rigours of the desert,

O Jesus, Whose adorable Face was burnt by the heat of the sun and bathed in sweat on Thy journeys,

O Jesus, Whose adorable Face had an expression wholly Divine,

O Jesus, Whose adorable Face by Its modesty and sweetness, attracted both the just and sinners,

- O Jesus, Whose adorable Face bestowed a holy kiss on children after Thou didst bless them,
- O Jesus, Whose adorable Face was troubled and wept at the tomb of Lazarus,
- O Jesus, Whose adorable Face became resplendent like the sun and radiant with glory on Mount Thabor,
- O Jesus, Whose adorable Face became saddened at the sight of Jerusalem and shed tears over that ungrateful city,
- O Jesus, Whose adorable Face bowed to the ground in the Garden of Olives and felt the confusion of our sins.
- O Jesus, Whose adorable Face was covered with a sweat of Blood,
- O Jesus, Whose adorable Face was kissed by the perfidious Judas,
- O Jesus, Whose adorable Face terrified the soldiers and threw them to the ground,
- O Jesus, Whose adorable Face was struck by a vile servant, covered by an ignominious veil, and profaned by the sacrilegious hands of Thine enemies,
- O Jesus, Whose adorable Face was spat upon, and maltreated with so many cuffs and blows,
- O Jesus, Whose adorable Face, with a divine glance, struck the heart of Saint Peter with a dart of sorrow and love,
- O Jesus, Whose adorable Face was humiliated for our sake in the tribunals of Jerusalem,
- O Jesus, Whose adorable Face preserved Its serenity when Pilate pronounced the unjust sentence,
- O Jesus, Whose adorable Face, covered with sweat and blood, fell in the mud under the heavy weight of the Cross.
- O Jesus, Whose adorable Face deserves all our respect, homage and adoration,
- O Jesus, Whose adorable Face was wiped with a cloth by the pious Veronica on the way to Calvary,
- O Jesus, Whose adorable Face was raised up on an instrument of the most shameful punishment,
- O Jesus, Whose adorable Face was crowned with thorns,
- O Jesus, Whose adorable Face shed tears of Blood,
- O Jesus, Whose adorable Face had Thy Divine Mouth made bitter with gall and vinegar,
- O Jesus, Whose adorable Face had Thy hair and beard torn out by the executioners,
- O Jesus, Whose adorable Face came to appear like that of a leper,
- O Jesus, Whose adorable Face was obscured by the hideous cloud of the sins of the world,
- O Jesus, Whose adorable Face was darkened by the sorrowful shadow of death,
- O Jesus, Whose adorable Face was washed and perfumed by Mary and the holy women and covered with a shroud,
- O Jesus, Whose adorable Face was enclosed in the sepulchre,
- O Jesus, Whose adorable Face appeared wholly resplendent with glory and beauty on the day of the Resurrection,
- O Jesus, Whose adorable Face was dazzling with light on the day of the Ascension,
- O Jesus, Whose adorable Face is hidden in the Holy Eucharist,
- O Jesus, Whose adorable Face will appear in the heavens at the end of time with great power and majesty,
- O Jesus, Whose adorable Face will be the joy of the inhabitants of the world in the Messianic Kingdom,
- O Jesus, Whose adorable Face will make sinners tremble,
- O Jesus, Whose adorable Face will fill the just with happiness for all eternity,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva la Santa Faz! Viva! (3)

#### The Divine Praises in reparation for blasphemies

(Response: and be forever blessed!)

Blessed be God!

Blessed be His Holy Name!

Blessed be God, One in Essence, Three in Persons!

Blessed be Jesus Christ, true God and true Man!

Blessed be the Most Holy Name of Jesus!

Blessed be His Most Divine Soul!

Blessed be His Holy Face!

Blessed be His Most Sacred Head!

Blessed be His Most Sacred Heart!

Blessed be His Most Precious Blood!

Blessed be Jesus in the Most Holy, Most Divine and Most August Sacrament of the Altar!

Blessed be Christ, Eternal High Priest!

Blessed be the Holy Ghost the Paraclete!

Blessed be the Holy Ghost, Soul of the Church!

Blessed be the Holy Ghost Who sanctifies our souls and makes them divine!

Blessed be the great Mother of God, Mary Most Holy!

Blessed be the Most Holy Name of Mary, Virgin and Mother!

Blessed be Mary Irredeemed!

Blessed be Her Divine Soul!

Blessed be Her Holy and Immaculate Conception!

Blessed be Her Sorrowful and Immaculate Heart!

Blessed be Mary in the Most Holy, Most Divine and Most August Sacrament of the Altar!

Blessed be Her glorious Assumption into Heaven in Body and Soul!

Blessed be Her universal mediation!

Blessed be Saint Joseph, Her most chaste Spouse!

Blessed be the sweet name of Joseph, Virgin Father of Jesus!

Blessed be Saint Joseph in his pre-sanctification!

Blessed be Joseph Most Holy assumed into Heaven!

Blessed be Saint Anne, mother of the Virgin Mary!

Blessed be Saint Joachim, father of the Virgin Mary!

Blessed be Saint John the Baptist, precursor of Our Lord Jesus Christ!

Blessed be Saint Elias, father and model of Carmel!

Blessed be Saint Teresa of Jesus, mother and reformer of Carmel!

Blessed be God in His Angels and in His Saints!

Blessed be the One, Holy, Catholic, Apostolic and Palmarian Church!

#### **Prayer to Our Lady of Perpetual Succour**

0 Most Blessed Virgin Mary, Mother of God and our Mother! Who in order to inspire us with greater confidence in Thee, dost manifest Thyself under the name of Our Lady of Perpetual Succour, in which sublime title is magisterially contained Thy perpetual assistance to Holy Mother Church, whose Mother Thou art. To Thee do we fly, 0 most powerful universal Advocate! in the steadfast hope of finding, in Thy maternal embrace, secure refuge from the enemies of our Holy Palmarian Catholic Faith; so that, by virtue of Thy Perpetual Succour, we may be preserved without harm from the snares of Satan and his cursed legions. 0 great Queen of Heaven and earth! Perpetual Succour of souls that filially invoke Thee, clasp us to Thyself with the same firmness and maternal tenderness with which Thou dost clasp Thy Divine Son, the Child Jesus, so that we may never again be separated from Him or from Thee. Ever be, 0 most loving Mother! our help, our refuge and our defence in the ceaseless struggle against the enemies of the soul. May the heavenly splendour of Thy maternal gaze forever shine upon the Order of Carmelites of the Holy Face, so that none of its members, whether religious or tertiary, ever stray from the true path; and persevering to the end, all may thus obtain the joy of dying as sons of the One, Holy, Catholic, Apostolic and Palmarian Church. Do not forsake us for even a moment, 0 Virgin of Perpetual Succour! until in Heaven we can sing Thy glories and the mercies of Thy Divine Son Jesus for all eternity. Amen.

Viva Nuestra Señora del Perpetuo Socorro! Viva! (3)

#### **Prayer to Saint Pio of Pietrelcina**

Glorious Saint Pio of Pietrelcina, beloved priest of the Most High, who by the zealous and selfless exercise of thy ministerial priesthood, wast a celebrated bulwark of perfect immolation, outstandingly glorifying the August Trinity and saving innumerable souls: With great confidence in thy powerful intercession, we have recourse to thee, 0 sublime Patron of the Order of Carmelites of the Holy Face, in order that thou obtain for us, above all, a most ardent love for Our Lord Jesus Christ and His Divine Mother, the Virgin Mary; Whom thou didst heroically imitate, thus deserving to participate, in an intimate and profound manner, in the bloody mystery of Calvary, which became vividly engraved on thy ascetic body through the impression of the Most Sacred Wounds.

O angelical model and pattern of all virtues! Obtain for us also a true spirit of prayer and penance, so that, fortified by grace, we may grow daily in holiness, and by our unreserved submission to Holy Church, give faithful testimony to the world of our divine sonship. In addition, with affectionate yearning we beseech thee, 0 victim soul and most patient martyr, for the precious gift of perseverance in the face of suffering and other trials, so that we may merit to become ever more penetrated by the victorious Cross of Redemption, until we obtain the happiness to die crucified thereon.

Finally, in a special way, we beseech thee for our Holy Mother the Church, for the Holy Souls in Purgatory, for the conversion of sinners and for our personal intentions. 0 intrepid Captain of the Palmarian Hosts! Strengthen us in this difficult apocalyptic struggle against Satan and his legions so that, unerringly guided by the glorious standard of the Holy Face, we may extend the Reign of the Sacred Hearts of Jesus and Mary throughout the world. Amen.

Viva San Pio de Pietrelcina! Viva! (3)

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

## **Friday**

#### Dedicated to Most Merciful Jesus and to the Sacred Heart of Jesus

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

#### **Litany of Most Merciful Jesus**

Kyrie, eleison. Kyrie, eleison.
Christe, eleison. Christe, eleison.
Kyrie, eleison. Kyrie, eleison.
Christe, audi nos. Christe, audi nos.
Christe, exaudi nos. Christe, exaudi nos.
Pater de caelis, Deus, miserére nobis.
Fili, Redemptor mundi, Deus,
Spiritus Sancte, Deus,
Sancta Trinitas, unus Deus,

(Response: We place our trust in Thee)

Merciful Jesus, ineffable mystery of the Most Blessed Trinity,

Merciful Jesus, Heart of the Father to men,

Merciful Jesus, display of the infinite love of the Holy Ghost the Sanctifier,

Merciful Jesus, expression of God's sovereign power,

Merciful Jesus, Who didst manifest Thyself at the trial of the Heavenly Spirits,

Merciful Jesus, giving us life in order to impart to us Thy love,

Merciful Jesus, inflaming the entire world with Thy love,

Merciful Jesus, humbling Thyself by assuming the passible state in order to suffer,

Merciful Jesus, Who didst fill us with joy at Thy birth,

Merciful Jesus, revealed in the divine mysteries,

Merciful Jesus, lavishing graces upon the sick and afflicted in Thy public life,

Merciful Jesus, forgiving so very many sinners in Thy public life,

Merciful Jesus, inexhaustible wellspring of miracles,

Merciful Jesus, Who didst say: Come to Me all you who are weary and burdened, and I will refresh you,

Merciful Jesus, Whose Divine Face appeases the just Wrath of the Father,

Merciful Jesus, uplifted on the Cross to heal our wounds through Thine,

Merciful Jesus, Who upon the Cross didst plead with Thy Heavenly Father for Thy enemies,

Merciful Jesus, Who didst promise Paradise to the good thief,

Merciful Jesus, Who upon the Cross didst give us the Most Holy Virgin Mary to be our Mother,

Merciful Jesus, athirst upon the Cross for souls,

Merciful Jesus, Who upon the Cross didst cry to the Father not to abandon Thee,

Merciful Jesus, Who didst save us by dying on the Cross,

Merciful Jesus, Who didst humble Thyself by being obedient even unto death on the Cross,

Merciful Jesus, letting Blood and Water flow from Thy Heart on the Cross as fount of salvation,

Merciful Jesus, Who didst wish to remain amongst us in founding Thy Church,

Merciful Jesus, miraculously imprinted on the Holy Shroud, .

Merciful Jesus, opening up for us the floodstreams of grace at the institution of the Sacraments,

Merciful Jesus, munificent in the Sacraments of Baptism and Confession,

Merciful Jesus, giving Thyself as nourishment in Holy Communion,

Merciful Jesus, comforting the dying in Extreme Unction,

Merciful Jesus, continuing to act through the priest,

Merciful Jesus, awaiting us in each Sacrament,

Merciful Jesus, Who didst call us to the true Faith,

Merciful Jesus, freeing us from the misery of sin,

Merciful Jesus, shielding us from deserved punishment,

Merciful Jesus, converting sinners,

Merciful Jesus, sanctifying the upright and the penitent,

Merciful Jesus, perfecting holy people,

Merciful Jesus, wellspring refreshing the sick and troubled,

Merciful Jesus, solace and repose of hearts,

Merciful Jesus, hope of the abandoned,

Merciful Jesus, accompanying all men at all times,

Merciful Jesus, filling us with grace,

Merciful Jesus, eternal sweetness of those that love Thee,

Merciful Jesus, health and hope of sinners,

Merciful Jesus, soothing the spirit,

Merciful Jesus, relief and comfort of souls,

Merciful Jesus, abyss of compassion and pity,

Merciful Jesus, inexhaustible fount of mercy,

Merciful Jesus, sweetness of hearts,

Merciful Jesus, peace of the dying,

Merciful Jesus, giving us eternal life,

Merciful Jesus, lavishing Thyself on souls at the Particular Judgement,

Merciful Jesus, saving very many more souls than are condemned,

Merciful Jesus, book of the elect,

Merciful Jesus, refreshment and light of the Souls of Purgatory,

Merciful Jesus, yearning of the Souls of Limbo, Merciful Jesus, crown of all the Saints,

Merciful Jesus, heavenly joy of the elect,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva Jesus Misericordioso! Viva! (3)

### **Litany of the Most Sacred Heart of Jesus**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: have mercy on us)

Heart of Jesus, Son of the Eternal Father,

Heart of Jesus, formed by the Holy Ghost in the womb of the Virgin Mary,

Heart of Jesus, substantially united to the Word of God,

Heart of Jesus, of infinite Majesty,

Heart of Jesus, sacred Temple of God,

Heart of Jesus, Tabernacle of the Most High,

Heart of Jesus, House of God and Gateway to Heaven,

Heart of Jesus, burning furnace of charity,

Heart of Jesus, throne of infinite justice,

Heart of Jesus, ocean of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise,

Heart of Jesus, enthroned in the Holy Ghost,

Heart of Jesus, enthroned in the Immaculate Heart of Mary,

Heart of Jesus, espoused to the Immaculate Heart of Mary,

Heart of Jesus, enthroned in the Angels and all the Blessed,

Heart of Jesus, enthroned in souls in the state of grace,

Heart of Jesus, espoused to all hearts in the state of grace,

Heart of Jesus, King and centre of all hearts,

Heart of Jesus, Seat of infinite mercy,

Heart of Jesus, wherein dwells the fullness of the Godhead,

Heart of Jesus, in Whom the Eternal Father is well pleased,

Heart of Jesus, from whose fullness of grace we all receive,

Heart of Jesus, confidence of sinners,

Heart of Jesus, patient and all-merciful,

Heart of Jesus, Love of loves,

Heart of Jesus, Meek and Humble,

Heart of Jesus, whose loving kindness pulsates in the three parables of Divine Mercy,

Heart of Jesus, generous to all who invoke Thee,

Heart of Jesus, Fount of life and holiness,

Heart of Jesus, propitiation for our sins,

Heart of Jesus, loaded down with opprobrium,

Heart of Jesus, wounded by our sins,

Heart of Jesus, obedient even unto death on the Cross,

Heart of Jesus, abandoned and forsaken by the Apostles in Gethsemani,

Heart of Jesus, sublimely saddened by the three denials of Peter, Prince of the Apostles,

Heart of Jesus, bitterly afflicted at being compared to Barrabas,

Heart of Jesus, mocked by Herod,

Heart of Jesus, comfort of the pious women on the way to Calvary,

Heart of Jesus, abhorred on the Cross by Thy own people,

Heart of Jesus, transpierced by a lance,

Heart of Jesus, from Whom the Church was born cleansed and renewed,

Heart of Jesus, Flood of redeeming Blood,

Heart of Jesus, Mystical Heart of the Church,

Heart of Jesus, Mystical Heart of the Priest,

Heart of Jesus, offered in each Mass,

Heart of Jesus, immolated in each Mass,

Heart of Jesus, given over to the Church by the priest at each Mass,

Heart of Jesus, giving Thyself in Holy Communion,

Heart of Jesus, hidden beneath the veil of the Eucharistic accidents,

Heart of Jesus, spiritual nourishment of souls,

Heart of Jesus, source of all consolation,

Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and reconciliation,

Heart of Jesus, victim for sinners,

Heart of Jesus, salvation of those who hope in Thee,

Heart of Jesus, hope of those who die in Thee,

Heart of Jesus, ineffable Throne of the Blessed,

Heart of Jesus, delight of all the Saints,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

#### **Consecration of the Human Race to the Sacred Heart of Jesus**

Most Sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thy altar. We are Thine, and Thine we wish to be; but, to be more surely united with Thee, behold, each one of us freely consecrates himself today to Thy most Sacred Heart.

Many indeed have never known Thee; many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart.

Be Thou King, 0 Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may quickly return to their Father's house lest they die of wretchedness and hunger.

Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbour of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them all into the light and kingdom of God.

Turn Thine eyes of mercy towards the children of that race, once Thy chosen people: of old they called down upon themselves the Blood of the Saviour; may It now descend upon them a laver of redemption and of life.

Grant, 0 Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: "Praise be to the Divine Heart that wrought our salvation; to It be glory and honour for ever. Amen."

Viva el Sagrado Corazón de Jesus! Viva! (3)

In order to gain the indulgences granted to this pious exercise: One complete Our Father.

## **Saturday**

## Dedicated to Mary Mother and to the Immaculate Heart of Mary

(making the triple sign of the cross and blessing oneself)

L. By the sign + of the Holy Cross, from our enemies + deliver us, 0 Lord + our God.

A. In the name of the Father, + and of the Son, and of the Holy Ghost. Amen.

Act of Contrition

A. My Lord Jesus Christ, true God and true Man, my Creator, Father and Redeemer, because Thou art infinitely Good and because I love Thee above all things, (strike breast twice) I am sorry, 0 Lord, I am heartily sorry for having offended Thee. I firmly propose to amend my life, to sin no more and to avoid the occasions of sin; to confess my sins and to perform the penance imposed upon me. I offer Thee, O Lord, my life, my deeds and my works, in satisfaction for all my sins; and I beg pardon of Thee, trusting that Thou, in Thy infinite Goodness and Mercy, wilt forgive my sins through the merits of Thy Most Precious Blood, Thy Passion and Death; and also that Thou wilt grant me the grace of amendment and of perseverance in Thy holy service until the end of my life. Amen.

### **Litany of Mary Mother**

(Dictated by Our Lord in El Palmar)

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis. Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: deliver us from the enemy!)

Most Holy Virgin Mary, Daughter of God the Father,

Most Holy Virgin Mary, Mother of God the Son,

Most Holy Virgin Mary, Spouse of God the Holy Ghost,

Most Holy Virgin Mary, Temple and Tabernacle of the Most Holy Trinity,

Most Holy Virgin Mary, conceived without stain of original sin,

Mary Mother of God,

Mary Mother of Christ.

Mary Mother and Virgin,

Mary Mother Most Holy,

Mary Mother Immaculate,

Mary Mother Most Chaste,

Mary Mother Most Pure,

Mary Mother Most Amiable,

Mary Mother Most Luminous,

Mary Mother of Good Counsel,

Mary Mother of our Creator,

Mary Mother of our Saviour,

Mary Mother of the Church,

Mary Mother and our Mother,

Mary Mother and our Hope,

Mary Mother and our Auxiliatrix,

Mary Mother of Perpetual Succour,

Mary Mother Refuge of sinners,

Mary Mother Anchor of Salvation,

Mary Mother Shield from the Divine Wrath,

Mary Mother and Mediatrix,

Mary Mother and our Consolation,

Mary Mother of the Abandoned,

Mary Mother Star Sublime,

Mary Mother Most Powerful,

Mary Mother Most Wise,

Mary Mother Ark of Salvation,

Mary Mother our Peacemaker,

Mary Mother Spouse and Virgin,

Mary Mother Queen and Slave,

Mary Mother and Dispensatrix,

Mary Mother extolled by the Angels,

Mary Mother awaited by the Patriarchs,

Mary Mother announced by the Prophets,

Mary Mother Shelter of the Apostles,

Mary Mother Mirror of the Divine Trinity,

Mary Mother Model of Holy Imitation,

Mary Mother and Queen of the Universe,

Mary Mother and Oueen of the Chaste,

Mary Mother Celestial Stairway,

Mary Mother Channel to Jesus,

Mary Mother Gateway to Glory,

Mary Mother of the Souls in Purgatory,

Mary Mother Support of the aged,

Mary Mother Stay of the sick,

Mary Mother Staff of the flock,

Mary Mother Oars of the Christians,

Mary Mother Queen of all Creation,

Mary Mother Adorer of the Divine Face,

Mary Mother of Bitter Sorrow,

Mary Mother at the foot of the Cross,

Mary Mother our co-Redemptrix,

Mary Mother of the Sacred Heart of Jesus,

Mary Mother and Divine Shepherdess,

Mary Mother and Divine Doctor,

Mary Mother Fortitude of the dying,

Mary Mother Queen of the Most Holy Rosary,

Mary Mother Captain at Lepanto,

Mary Mother Who crushes the head of Satan,

Mary Mother Ark of Noe,

Mary Mother Ark of the Covenant,

Mary Mother Rose of roses,

Mary Mother Divine Missionary and Evangelizer,

Mary Mother Queen of El Palmar,

Mary Mother Queen of all the Apparitions,

Mary Mother Queen of our hearts,

Mary Mother of the Palmarian Apostles,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

Viva Maria Madre! Viva! (3)

### **Litany of the Immaculate Heart of Mary**

Kyrie, eleison. Kyrie, eleison.

Christe, eleison. Christe, eleison.

Kyrie, eleison. Kyrie, eleison.

Christe, audi nos. Christe, audi nos.

Christe, exaudi nos. Christe, exaudi nos.

Pater de caelis, Deus, miserére nobis.

Fili, Redemptor mundi, Deus,

Spiritus Sancte, Deus,

Sancta Trinitas, unus Deus,

(Response: have mercy on us)

Heart of Mary, ever Immaculate,

Heart of Mary, full of grace,

Heart of Mary, blessed among all hearts,

Heart of Mary, Tabernacle of the Most Blessed Trinity,

Heart of Mary, most like unto Christ's,

Heart of Mary, object of Jesus' loving pleasure,

Heart of Mary, lovely as the lily amongst thorns,

Heart of Mary, crowned with roses of innocence,

Heart of Mary, almighty vanquisher of the demons,

Heart of Mary, mediating between God and man,

Heart of Mary, guardian of Heaven's secrets,

Heart of Mary, abyss of humility,

Heart of Mary, throne of mercy,

Heart of Mary, ablaze with divine love,

Heart of Mary, with a Daughter's love for the Father,

Heart of Mary, bound to the Son by a Mother's love,

Heart of Mary, united to the Holy Ghost by a Spouse's love,

Heart of Mary, espoused to Christ's Heart at the Incarnation of the Divine Word,

Heart of Mary, offered at each Mass,

Heart of Mary, given reparation at each Mass,

Heart of Mary, present in the Eucharist,

Heart of Mary, mystically immolated at each Mass,

Heart of Mary, object of all honour and glory,

Heart of Mary, ocean of goodness,

Heart of Mary, miracle of innocence and purity,

Heart of Mary, mirror of all divine perfections,

Heart of Mary, wherein the Blood of Christ was formed,

Heart of Mary, by Thy desires hastening the health of the world,

Heart of Mary, obtaining grace for sinners,

Heart of Mary, preserving most faithfully the words and actions of Jesus,

Heart of Mary, transpierced by the sword of sorrow,

Heart of Mary, most deeply afflicted in Jesus' Passion,

Heart of Mary, wounded by our sins,

Heart of Mary, to Whom reparation is due,

Heart of Mary, transpierced with Christ's Heart by Longinus' lance,

Heart of Mary, Who didst give most painful birth to the Church on Calvary,

Heart of Mary, spiritually dead at the foot of the Cross,

Heart of Mary, mystically buried with Jesus,

Heart of Mary, mystically risen with Jesus,

Heart of Mary, Who drew down manifold graces upon the Church at Pentecost,

Heart of Mary, dwelling in souls in the state of grace,

Heart of Mary, eminently priestly,

Heart of Mary, consolation of the afflicted,

Heart of Mary, promise of salvation,

Heart of Mary, refuge of sinners,

Heart of Mary, hope and sweet stay of Thy devotees,

Heart of Mary, help of the dying,

Heart of Mary, joy of Angels and Saints,

Agnus Dei, qui tollis peccata mundi, parce nobis, Domine.

Agnus Dei, qui tollis peccata mundi, exaudi nos, Domine.

Agnus Dei, qui tollis peccata mundi, miserére nobis.

#### Act of Consecration to the Immaculate Heart of Mary

0 Mary, Virgin Most Powerful and Mother of Mercy, Queen of Heaven and Refuge of sinners, we consecrate ourselves to Thy Immaculate Heart: we consecrate our life and our entire self, all that we have, all that we love and all that we are. May all be Thine: our body, our heart, our soul, our homes, our families, our country. We desire that all within us and all about us belong to Thee and share in Thy motherly blessings. And in order that this Consecration be truly effective and lasting, we renew today at Thy feet, 0 Mary, the promises of Baptism and of First Holy Communion. We undertake to profess the truths of our Faith at all times and with valour, and to live as true Catholics.

We promise to observe the Commandments of God and of the Church, especially the keeping of Sundays holy. We will ensure, as far as in us lies, that the consoling practices of the Christian Religion enter into our daily lives, above all, Holy Communion.

Finally we promise Thee, 0 glorious Mother of God and tender Mother of mankind, to devote our whole heart to the service of Thy blessed worship, in order to hasten and secure, through the reign of Thy Immaculate Heart, the reign of the adorable Heart of Thy Son in our souls and in those of our neighbours, in our beloved country and in the whole universe, on earth as it is in Heaven. Amen.

Viva el Inmaculado Corazón de Maria! Viva! (3)

In order to gain the indulgences granted to this pious exercise: One complete Our Father.